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President Barack Obama
The White House
1600 Pennsylvania Avenue, NW
Washington, DC 20500

Dear Mr. President:

You have said that our health-care costs and the financial health of our economy are inextricably linked. Can you imagine Mr. President that one of the foremost solutions to sustainable, effective, preventative and affordable health care using quantum medicine and the nanopharmacology of high-dilution remedies to prevent and cure 96% of diseases is located a half mile from the White House? The bronze statue of Samuel Hahnemann, M.D. (1755-1843) founder of western homeopathic medicine is, at the intersection of 16th Street and Massachusetts Avenue (Scott Circle). This location can be seen from the White House. The statue was erected and dedicated with the help of President McKinley, a supporter of homeopathy and key members of both political parties on June 21, 1900. It is the only monument in the U.S. capital city to a physician. **It acclaims Hahnemann as “Leader of the Great Medical Reformation of the Nineteenth Century”*** and I would add “of the 21st Century.”



Western Homeopathic Medicine: A Sustainable, Effective, Affordable Solution:

“The Green Medicine of the 21st Century”

- Homeopathy has a 150 year proven world-wide track record in prevention of disease in epidemics, curing acute and chronic conditions and hereditary predispositions (miasmatic influences), with over 3000 FDA approved, over-the-counter, inexpensive, natural remedies that never expire, have no side-effects, costing pennies to cure while being safe for babies, adults and the elderly.
- Homeopathy is a true, sustainable system of medicine, curing and preventing diseases without polluting our bodies or our water supply and oceans (note: 24 traces of pharmaceutical drugs have been found in our water supply).
- Homeopathy was taught in our medical schools, practiced by 1 out of 4 physicians in the U.S., in over 250 hospitals and clinics in over 25 states at a fraction of the cost of allopathic drugs, before it was systematically removed from our health-care system by competing market forces and deemed ineffective and non-scientific even to this day! Nothing could be further from the truth. Verifiable public health records and studies speak of the miraculous results using homeopathy.
- Restoring western homeopathic medicine to our medical care system will drive down medical costs almost overnight, not only because they cost pennies but because they actually cure and prevent diseases which are thought incurable in the allopathic model, such as asthma, eczema, lyme disease, diabetes, multiple sclerosis and herpes to name a few.
- In homeopathy, symptoms are not seen as diseases to be branded and drugged (suppressed/controlled), but rather as an attempt of the body to cure and an evidential roadmap

pointing to the correct homeopathic remedy needed to restore the system on every level (mental/emotional/physical) efficiently restoring health and preventing chronic disease.

- Homeopathy leads the world in true preventative medicine. While allopathic drugs save lives during traumas, it is homeopathic medicine which brings cure, prevents disease and restores health. Our health-care system is collapsing under the monopoly of allopathic synthetic drugs simply because chemical drugs cannot cure anything. Chemical drugs only have the power to control and suppress symptoms. Allopathic medicine has no law of cure, only the law of suppression. This suppression leads to chronic iatrogenic disease states.
- Homeopathy acts according to the vitalistic theory of disease vs. the germ theory of disease through the law of "like cures like". Hahnemann and Pasteur realized that germs did not cause disease but rather a weak and disturbed vital force (which drives the cells) allowing germs to take hold. Once the vital force is restored, through homeopathic medicine, the germs cannot maintain a foothold and health is restored quickly and inexpensively.

I have been a registered nurse for thirty years and a classical homeopath for the last ten years. In western homeopathic medicine we have a proven system of medicine which can easily be taught to health-care professionals and to the public. In other parts of the world, it is common for families to have a homeopathic kit in their homes to deal with acute symptoms of the flu, teething, colds, bee stings, allergies and ear infections, for example, without overloading doctors' offices and emergency rooms unnecessarily. The time to act in restoring this affordable, effective and gentle system is now.

SOME FACTS TO CONSIDER

Epidemiologic Records for Allopathic Medicine & Homeopathic Medicine

Death rates:	Allopathic Medicine		Homeopathic Medicine
	19 th Century	Modern Era	19 th Century & Modern Era
Cholera	40-60%	3.7%	3%
Smallpox	30%	13% (1960's)	4.9%
Diphtheria	40%	5-10%	2.2%
Yellow Fever	59%	15-25%	5.7%
Typhoid Fever	18%	1.6%	0.8%
Pneumonia	30%	18%	<1-3%

The Cambridge World Library of Human Disease. Cambridge University Press 1993. Kenneth Kiple [ed.] Andre Saine. The Weight of Evidence. The Extraordinary Success of Homeopathy in Epidemics (in preparation).

1918 Flu Epidemic Death Rates in the U.S.	
Allopathic hospitals	30%
Homeopathic hospitals	1.05%
Public health records can be verified by the AIH (American Institute of Homeopathy) Gelsemium and Bryonia were the two homeopathic remedies used to prevent and cure this flu (genus epidemicus). The allopathic model used aspirin which lost the majority of patients to pneumonia while causing patients to bleed to death in the lungs. This is a matter of public record.	

Yet even with the miraculous results of western homeopathic medicine in all the epidemics in the United States whether the cholera epidemic of 1849 in Ohio or the 1918 flu epidemic, with over 24,000 volumes of books written documenting cures of every disease imaginable western homeopathic medicine remains an unknown entity in our country. This is shocking! Most U.S. medical doctors have no idea what homeopathy is or if they have heard anything it was that homeopathy is of no benefit or worse, something to be ridiculed. This is unimaginable Mr. President!

Furthermore, it is time for vaccinations, much touted by the germ-model of disease, to be replaced by the more historically effective and safe remedies of western homeopathic medicine. History, will prove that vaccinations, rather than immunize, actually sensitize the immune system causing a

lifelong destruction to the immune system and an inflammation of the central nervous system, giving rise to a disturbing and increasing epidemic in children of diabetes, asthma, eczema, auto-immune diseases, cancer, recurrent otitis media, recurring pneumonia, sleep problems, hyperactivity, speech disturbances, encephalitis, meningitis, rheumatoid arthritis, behavior disorders, recurrent ear infections, assimilation issues, backward readers, autistic behaviors, neurological tics and epilepsy. In one year of ceasing the destructive practice of vaccines and using homeopathic medicine to treat and cure acute and contagious diseases we would save billions of dollars in health care while improving the health of our children one hundredfold. Then instead of being #19 in the world in health-care we could become #1 while balancing our budget!

The public also needs to be educated in western homeopathic medicine, so they can take responsibility for their health, using safe, over-the-counter remedies to deal with common, acute symptoms. I teach inexpensive workshops for the public and give a free Q&A every Tuesday at a nearby Natural Market. People want an alternative to harmful and expensive drugs that only mask symptoms, particularly for their children. They do not want to use questionable vaccines. They want a safer approach and it is here right now. We must see clearly and with a rational mind in order to do the right thing and return western homeopathic medicine to our health-care system simply because it works most efficiently, gently, safely and without side-effects according to scientific principles.

ACUTE CASES OF THE FLU AND COST SAVINGS WITH HOMEOPATHY

Treating the FLU in 2009	Allopathy cost	Homeopathy cost
Emergency room case	\$2100+	not used
A Friend's case	not used	\$1.26

My son-in-law who works as an emergency room nurse asked me what the flu remedy is for this year 2009. I told him Arsenicum and asked why he wanted to know. He went on to say that a 35 year old man arrived by ambulance in the emergency room for symptoms of the flu and was given a room, iv's and drugs. **I said if the public were educated in homeopathic remedies for the flu, it would have cost one pellet of Arsenicum 10M in a bottle of water costing \$1.26 for at home treatment.** The man would have taken it himself at home at the first hint of the flu symptoms (chills, slight fever, achey, sneezing, prostration, sometimes diarrhea and/or vomiting, restlessness) and felt better in 15 minutes and cured within an hour. As I mentioned, the remedy is not aimed at killing germs (viruses/bacteria) but restoring the vital force which runs all the systems in the body so that germs cannot overrun the body.

In another case, a friend of mine came to a group meeting with symptoms of the flu with chills, exhaustion, sneezing and feeling achey. Immediately I gave her Arsenicum 1M (the usual potency for less strong flu symptoms) again with 1 pellet in a bottle of water. Within 15 minutes after taking 1 teaspoon of the remedy, she felt her energy and sense of well-being return, while the chills, achiness and exhaustion disappeared. The vital force of the body restored all the systems to full functioning, beginning with the mind eliciting a sense of well-being. She attended the meeting and afterwards a party, feeling completely well and astonished at the efficacy of homeopathy. Never again would she doubt homeopathy! The cost of the treatment was \$1.26.

Whether it is the flu or other acute and chronic symptoms, homeopathy does not treat by "diagnosis." Homeopathy treats according to the law of "like cures like" matching the "symptom picture" (the symptoms of the person) to the symptom picture of the remedy. Each remedy has been tested in healthy people by something called a "proving." That means a healthy person will take enough doses of a remedy to cause "symptoms" to appear called a "symptom picture of that remedy" (which disappear when the remedy is discontinued). When given to a sick person who demonstrates that same symptom picture, the vital force restores health most readily by the law of "like cures like." "Diagnosis" would be better thought of as a symptom picture and not as a disease to be branded then suppressed or controlled with chemical drugs, as the symptoms only represent an inner disturbance on an energetic level asking for the needed restorative remedy. This is true curative medicine.

AN ACUTE CASE OF PNEUMONIA AND COST SAVINGS WITH HOMEOPATHY

Recently a neighbor of mine complained of having a horrible head and chest cold. I told him that it almost sounded like pneumonia. He mentioned that he had the same symptoms last winter and it was pneumonia and it took him a long time to recover using antibiotics. I asked if he wanted to try homeopathic medicine and he agreed to try it. I gave him a remedy commonly used for pneumonia symptoms. I put 1 pellet of 10M into an 8 oz bottle of water and explained how to take it. A few days later, we ran into each other. He said, "Wow that stuff really works! After one dose I slept very well and felt immediately better. I took a few more doses. By the next day my symptoms were almost gone. By the third day I was completely well. I can't believe this. I'm going to tell my doctor about this as he is very supportive of homeopathy." **The cost of the treatment was \$1.26. The cost of a doctor's visit and antibiotics would have been over \$200.** Furthermore, homeopathic treatment will prevent reoccurrence of this tendency because it clears out this weakness by strengthening the vital force.

As you can see, we would save billions of dollars promoting and researching useless chemical flu drugs by instead using safe and proven effective western homeopathic medicine in treating the flu. We can treat any kind of flu as the symptoms dictate the remedy by finding the genus epidemicus (symptoms of a group of people) and not the virus. There is no need to kill viruses as they are not the problem. It is always the vital force that needs to be properly restored by homeopathic remedies to bring the person to perfect health. This is also true for symptoms of pneumonia. The germs are irrelevant because when the vital force is strengthened, the germs cannot overtake the body. Homeopathy has done this for over 150 years! Astonishing as this may sound, it is true and there are public records to prove it. It remains unconscionable that this system of medicine is so vilified and suppressed in the United States. We can no longer afford for this to be the case.

THE NEXT BIG FRONTIER OF MEDICINE

Dr. Mehmet C. Oz, a vice-chair of surgery and professor of cardiac surgery at Columbia University recently stated on the Oprah show December 3, 2007, that "The next big frontier of medicine is energy." He also said that, "The cells in our body have an energy to them." Hahnemann called that the vital force which is responsible for the primary and secondary reaction to the correct homeopathic remedy restoring balance in our cells and systems. Dr. Oz also said that, "I am very approving of alternative medicine and that it is really a part of something called "Global Medicine" and instead of using the terms alternative or western we will use the term Global Medicine."

With this next big frontier of energy medicine we are moving away from a Germ Theory of disease based on the molecular, mechanistic level to a Vibrational Theory of disease, based on an energetic level, a quantum biology level. This is western homeopathic medicine, "The Green Medicine of the 21st Century" providing safe, approved, high-dilution remedies (nanopharmacology) that are curative and preventative with no side-effects.

Mr. President, we must be bold in our approach to health care. Allopathic medicine and homeopathic medicine each have a role to play under the umbrella of western medicine or as Dr. Oz might call it "Global Medicine." The science and empirical evidence is there for homeopathic medicine. We cannot allow special interests to silence this great curative medicine and keep it from the people.

My suggestion is to create a "Health Council on Global Medicine." I would like to nominate Dr. Luc De Schepper, M.D., Ph.D., D.I., Hom., C. Hom., Lic. Ac., to head that council. Dr. De Schepper is a licensed medical doctor and neurologist and homeopath with over 30 years of experience treating over 200,000 patients. He speaks 5 languages, is an internationally distinguished lecturer and scholar on western homeopathic medicine. He is the author of over fifteen books, with appearances on over 30 television shows and over 100 radio shows in the United States and abroad. He is founder and teacher of the Renaissance Institute of Classical Homeopathy School (R.I.C.H.). He is known for his great intellect and is sought after as a lecturer. His website is www.drLuc.com.

FAMOUS PEOPLE AND WESTERN HOMEOPATHIC MEDICINE

Many famous people have been and are great supporters of homeopathy. Abraham Lincoln's work as a lawyer secured a charter for Hahnemann's Medical College, a homeopathic college in Chicago, Illinois. Mahatma Gandhi said, "Homeopathy cures a larger percentage of cases than any other method of treatment and is beyond all doubt safer, more economical, and the most complete medical science." "Dr. William W. Mayo of the famed Mayo Clinic in Rochester, Minnesota said that lots of surgery was unnecessary and that he had great respect for homeopaths. He expressed confidence that the public would become aware of the "wonderful results of homeopathic prescribing in the elimination of unnecessary surgery" (*The Homeopathic Revolution*, Ullman, 2007, 128). George Stephanopoulos in his book *All Too Human: A Political Education* (1999, 297) said, "Health care reform's slow death in 1994 was particularly disheartening. We fought hard, but were losing. Hillary (Clinton) tried to keep our spirits up. Seeing that I was fluey from fatigue, she sent me a carton of homeopathic cures one day accompanied by a note: "We need you healthy for health care!" (*The Homeopathic Revolution*, Ullman, 2007, 208) Dr. Peter Fisher, homeopathic physician to her majesty Queen Elizabeth II wrote the foreword to *The Homeopathic Revolution**.

Abraham Lincoln once said, "Let us have faith that right makes might, and in that faith, let us, to the end, dare to do our duty as we understand it." I know that western homeopathic medicine is the right medicine for our times and that Dr. Hahnemann did not live in vain when he developed this brilliant scientific medical system in service to mankind over 150 years ago. It is my sincere prayer that we restore this grand medicine to our health-care system. It will serve our nation and our children well.

Sincerely yours,

Mary Terhune, RN

cc: Senator John Kerry, Senator Edward Kennedy