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## **Creating A New World Paradigm Of Western Medicine: Homeopathy & Allopathy Reunited At Last**

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**Listen to Mary on the Radio live online [www.wzbc.org](http://www.wzbc.org) or on the dial on radio at wzbc 90.3 Boston College, Expanding Awareness radio, February 23, 2008 Saturday 10 am, for a talk on homeopathy.**

**Visit her website to purchase her book and listen to her last radio appearance about her book OUT OF THE BLUE on January 19, 2008 as well as the February 23<sup>rd</sup> radio appearance.**

Join Mary in the conversation as she shares that:

- 1 in 4 allopathic physicians at the turn of the last century in the U.S. were also homeopaths!
- Let us NOW bring back this natural and time-tested form of curative and preventive medicine into our medical schools and clinics,
- As it once was: BU Medical School was teaching homeopathy as late as 1920. In the Boston area, Somerville Hospital, Lowell General Hospital and Emerson Hospital (read **Who is your Doctor and Why** by Alonzo Shadman, past Director of Emerson Hospital) were some of the hospitals where physicians once practiced homeopathic medicine.
- Homeopathic Medicine: "like cures like", affordable, no side-effects, proven effective and curative in acute & chronic conditions & epidemics following scientific laws of cure! Cure and prevent colds, flu, ear infections, asthma, eczema, as an example, safely and effectively.

## **Definition of Homeopathy:**

Homeopathy is NOT herbal medicine, herbal medicine uses crude substances from nature while homeopathy uses highly diluted substances from nature (with not even a speck of physical material of that substance...only the information of the substance exists on an energetic level...much like information in a computer exists on the level of data....Homeopathic medicine has its own scientific laws of application and management. The word Homeopathy means homeo, similar and pathy, suffering..so similar suffering, like cures like.

**“Like Cures Like”** is the basic law of homeopathy and means symptoms that appear in a healthy person after giving them a substance can cure those same symptoms in a diseased person experiencing those same symptoms.

**Homeopathy is a system of natural medicine using highly diluted remedies from nature including plants, mineral, animal substances like snake venom (without any of the crude substance in it) Remedies are made through a process of potentisation which involves a series of dilutions and succussions of the remedy.**

## **How Homeopathic Remedies Work: Primary & Secondary Reaction**

After ingesting a remedy, there is at first a **primary reaction** where the vital force assesses the information of the remedy and then a **secondary reaction** occurs --our vital force pushes out the disturbance according to the our innate laws of healing (which says, you can't have 2 same diseases in the body at the same time), so one will be pushed out...as the energy of the remedy and the energy of the symptoms of the person match ..one has to go..since they are both the same, one will follow the other out-- all of this occurs on a vibrational level and an inner harmony is restored.

In essence it isn't the remedy that cures but rather the response to the remedy by our own vital healing force according to the innate laws of healing that brings the cure bringing one from an internal disharmony to internal harmony. Dr. Samuel Hahnemann, a physician born in Germany (1755-1843) is the founder of the system of homeopathy, stated "there is no such thing as disease only disharmony"

## **Hahnemann said to treat the person, not the disease:**

The personality, the symptom picture and peculiar tendencies. Each person manifests these differently.

## **Dynamic vital force vs. Germ theory**

Louis Pasteur (1822-1895)] is commonly credited with the modern science of microbiology and the germ theory of disease. He lived at the time of Hahnemann [1755-1843][ Hahnemann, the father of homeopathy (developed)] and like Hahnemann he was a great chemist.. But on his deathbed he made a comment about his friend Dr. Claude Bernard (Father of modern physiology) He said "Bernard is right...the terrain is everything! The microbe is nothing!" And Virchow, the celebrated German anatomist and physiologist, said" If I could live my life over again, I would devote it to proving that germs seek their natural habitat-unhealthy tissue- rather than being the cause of unhealthy tissue."

Germ Theory of disease is based on the molecular, mechanistic level which states that disease is cause by germs which are to be managed on the material level with chemicals VS a Vibrational Dynamic Theory of Disease, which is based on an energetic level which states that disease is caused from a distunement in the vital force and a correct homeopathic remedy which takes into account the totality of symptoms on a mental/emotional/physical level will bring about inner harmony creating an inner terrain where disease cannot live.

We are moving away from suppressing and managing disease on the material level with chemicals to prevention and curing disease with high dilutions of natural substances existing on a vibrational level interacting with the vibrational consciousness of the body/mind/spirit continuum to bring about cure.

## **ACUTE, CHRONIC, EPIDEMIC DISEASE**

Dr. Hahnemann **described the different aspects of 'acute' and 'chronic' diseases.** Acute diseases are transitory; they have a beginning and an end, whereas the chronic diseases are co-existent with life. Either they are present in a manifest or a latent state. From this work came the chronic miasms of Psora, Syphilis, and Sycosis. Epidemic diseases are from one source and its effects overwhelm a large group of people with a common symptom picture from which a remedy (at the most 2 remedies) are chosen for the whole group.

Dr. Hahnemann was the progenitor of several modern medical approaches. Deeming the treatment of insane patients to be cruel and harmful, he advised a humane treatment for the insane. He cured many insane patients with homeopathy, and became famous for this success proving once again homeopathy's great success in as the gentle mind/body medicine...seeing

mental issues the same as physicals restoring the inner harmony which brings the mind to harmony:

## **CHRONIC DISEASE**

**In his book, [The Chronic Diseases, Their Peculiar Nature and Their Homoeopathic Cure](#), Dr. Samuel Hahnemann shows us how the natural diseases become chronic when suppressed by improper treatment. "He said that all disease is due to one or more of the miasms." He named the 3 major miasms as Psoric (from the itch), Sycotic (from suppressed gonorrhea), Syphilitic (from suppressed syphilis), and 2 mixed miasms Tubercular (which contain the 3) and Cancer which contain the other (4). Henny Heudens-Mast, one of today's master homeopaths, stated from her book "The foundation of the chronic miasms in the practice of homeopathy" that "The miasms are named for particular illnesses from which they originate but due to their further development through the use of suppressive drugs, miasms are much more far-reaching within the organism than the illness that started them. As a seed spreads a root system far into the surrounding soil, so does the suppressed illness establish the miasm that extends, complicates and perpetuates its influence and becomes increasingly complicated as inner disease states." Further she states, "When we speak of someone "having a miasm" we mean that this person has received an energetic layer or disease pattern and consequently, now exhibits the particular characteristic influence of the original disease."**

### **"This disease pattern is established generally in 3 ways:**

1. The patient contracted the disease, or more often today
2. The patient received the miasmatic influence (not the disease) from someone in the family—someone in the family's history at some time in the past contracted the actual disease for which the miasm is named,
3. The patient contracted the miasmatic influence through vaccination against the disease."

She explained that **Psora** is from suppression of the itch (dermatitis) and is also known as the mother of all disease. No disease can exist without the foundation of psora. To fully cure a patient we have to eventually treat psora. Psora originally was a kind of skin disease—an itch (like scabies). One would scratch it but not die from it. It caused suffering and restlessness. Whenever there is a history of itch, it belongs to psora. When the skin illness of psora was suppressed, this activated the chronic internal disease or miasm of psora. Everyone alive has some psora as it is easily passed with a handshake. It manifests as deficiency, hypo states (like hypothyroidism), weakness, poor assimilation, low energy (these folks want to take a nap), the idea of too little. Physical symptoms can also include skin problems, like rosacea, scaly eczema, itching, burning, dryness, sweating,

sour smells, disorders of sensation and function and the tendency to seek rich, high caloric foods. The mental/emotional tendency includes many fears/anxiety, such as fears of robbers, panic attacks, guilt, shame, embarrassment, needing and wanting support, sensitive feelings. They are worse from movement (don't like to exercise), better morning and evening, worse midday, worse cold and better warmth,

**Sycosis**, the sycotic miasm (warts) is the result of suppressed gonorrhea fig wart disease.. Sycosis, has its origin in the fig wart, the wart that can be contracted after someone has sexual intercourse with a person who has gonorrhea. So contracting sycosis was an act of will-one went out and acquired it- while psora is part of our ancestral landscape. You are getting the influences of the suppressed sycosis not the disease itself. The sycotic miasm on a physical level manifests as growths, warts, swelling, inflammations, suppurations and catarrh (mucus), genital and urinary problems, physical overreaction, fishy smells and prefers strong-tasting, spicy foods. There is the idea of too much, excess, sudden reaction, overreaction, rapid growth (like tumors that grow rapidly), high energy., these folks want to stay out all night and party, sex and rock and roll. Things show up in extremes, these folks are open, outgoing, showy-wanting attention, impatient, in a hurry, bossy, they either love or hate animals and can be abusive. Sycosis is better movement, better twilight and night, worse morning and day, worse warmth, better cold. Arthritis (inflammations), asthma, cysts, endometriosis etc. are part of the expression of the Sycosis Miasm.

The **Syphilitic Miasm (ulcerations chancre)** comes from the suppression of its original venereal chancre disease. ..syphilitic disease which requires sexual contact with someone who was already infected with the syphilitic disease. This required the use of will. You are getting the influences of the original disease, not the disease itself. There is an idea of destruction, perversion, deformation, hidden reaction, hidden growth, mostly normal energy. A sense of wickedness or corruption and the desire to hide its evidence. The original disease of syphilis is very destructive and so are the miasmatic influences expressed in the physical like Alzheimer's or people who drop dead without any indication they were sick. Aneurysm, heart attack. Most of us have no idea if someone in our family ever had the disease of syphilis as it is something that is hidden but it will show up in our inherited syphilitic miasmatic state in the mental/emotional state as suspicion, being silent, closed, secrecy, poor or no connection with others, the eyes look vacant or are cold and distant without emotion, isolation, fear of others, knives and killing. It is also expressed as perversions, incest, sexual abuse, rage, feelings of being attacked and surrounded by enemies, and the act of suicide.

With the syphilitic miasm there is a hiding of emotions inside, unexpressed and these hidden and suppressed emotional stresses may build up even to break the bones. A slight miss-step off a stairs and its broken. Although this is not an allopathic understanding, homeopaths know that illness begins on the energetic level. You can give added calcium but the underlying destructive miasmatic state will still be there. The illness has been there for some time on the mental energetic level before it shows up physically. The main expression of the syphilitic miasm is destruction which can appear in the skeletal, cardiovascular and nervous systems there can be drug or alcohol abuse, manic depression, deformities, cracks, bloody discharges, asymmetry (such as in a face), crowded teeth, a split between the front teeth on top, sudden threat of death from dysfunction (hashimotos) , high blood pressure, circulatory problems,

### **HERING'S LAWS OF CURE:**

The Father of American Homeopathy, Constantine Hering, M.D., born 1800 in Germany immigrated to the United States in 1830 where he became known as the Father of American Homeopathy. In 1848, Hering chartered the Hahnemann Medical College of Pennsylvania where he and his students treated more than 50,000 patients annually. One of Hering's greatest contributions is Hering's Law of Cure. He was one of the first to observe specific ways that the healing process develops. He made three observations of the true healing process which have been called: Hering's Law of Cure.

**1) We Heal From The Inside Out:** Hering's first observation is that the human body seeks to externalize disease. One of the miraculous functions of the body is to move dis-ease from more serious internal levels to more superficial, external levels. During the Homeopathic treatment process, a patient treated for an allergy or asthma may, during the curative process, develop a skin rash. Someone with a deeper mental or emotional condition may commonly notice an improvement in their mental or emotional condition when old physical symptoms occur- physical symptoms which had been suppressed prior to the deteriorating mental state -now reappear while the mental improves. The human body is closely interconnected mentally, emotionally, and physically, and must be managed in this way.

**2) We Heal From the Top Down:** Hering's second observation is that healing progresses from the top of the body to the bottom. A person with a skin rash or arthritis over their entire body may notice relief in the upper body before the lower body. Another example, the arthritis in the neck is gone but now they feel it in the fingers. Also, the mind and eyes become clearer first before the physical issues resolve.

**3) We Heal In Reverse Order of Appearance of Symptoms:** Hering's third observation was that healing proceeds in the reverse chronological

order of the appearance of the symptoms. As healing progresses, a patient may sometimes re-experience symptoms. As healing progresses, a patient may sometimes re-experience symptoms that he or she previously suffered (retracing). This may occur when symptoms were conventionally suppressed or not handled properly. Educating your patients of this possibility will prevent a disgruntled patient and created a more positive, open attitude toward their own health. Remember, this aggravation is only experienced for a short period of time (usually 3 days maximum), and departs leaving a significantly increased level of health.

### **Laws Governing Homeopathy: The Principles behind Homoeopathy**

The following are the twelve basic principles of Homoeopathy which are the pillars on which the system remains.

1. The law of Like Cures Like- basic law of homeopathy
2. The law of single remedy – only give 1 at a time, do not combine
3. The law of minimum dose – give the smallest potency and dose to bring about the cure
4. The doctrine of vital force- distunement brings disease so need to restore the inner harmony
5. The doctrine of remedy proving- remedies proved on health humans
6. The doctrine of potentization or remedy dynamization- remedies are made from high dilutions with many succussions
7. The doctrine of Chronic Miasms- the cause of chronic disease
8. The doctrine of The totality of symptoms- the whole person m/e/p
9. The doctrine of Individualization – treat the person not the disease
10. The law of direction of cure (Dr. Hering’s Laws)
11. The law of repetition of the dose- repeat the dose according to symptoms being present
12. The law of remedy relationship-remedies have relationships to each other and can give a clue to the next needed remedy

### **REMEDIES**

#### **Homeopathic Remedies:**

1. are non-toxic
2. do not interact with drugs
3. are cost-effective
4. do not expire
5. remedies are fda approved and most over-the-counter

## **RECOMMENDED BOOKS & WEBSITES (highlighted ones a must!)**

- **Impossible Cure: the promise of homeopathy by Amy L. Lansky, PhD**

(Computer Science Researcher for NASA) tells her story of how homeopathy cured her son of autism. Great book as introduction to homeopathy and consumer's guide to how to get the most out of your homeopathic visit. There is a chapter also devoted to other cure stories from Alzheimer's, to bladder infections, Lyme disease, to emotional and behavioral problems. An easy read.

- **The Foundation of the Chronic Miasms in the Practice of Homeopathy by Henny Heudens-Mast**

Best guide to understanding the miasms and your inherited family traits.

- **Vaccine Free Prevention and Treatment of Infectious Contagious Diseases with Homeopathy by Kate Birch**

- **Who is your doctor and why?, by Alonzo J. Shadman, MD.** Tells his story as a homeopathic physician, surgeon and director of Emerson Hospital in Concord MA. A quote from page 138 on the chapter on vaccinations: *"If the general public were presented honestly with the abundant medical data available proving the most harmful effects of vaccine, they could understand why cancer, tuberculosis, heart disease, etc., can and quite often do result from these poisonous substances introduced directly into the blood by pointed needles. The inoculations lay the foundation for such disease as syphilis, tetanus, cerebrospinal meningitis, glandular abscess, erysipelas, cancer, tuberculosis, polio, encephalitis, and many of the manifestations of pathology."* Printed 1958.

- **Organon of the Medical Art by Dr. Sameul Hahnemann, edited and annotated by Wendy O'Reilly.** For the scholar in you.

- **Portraits of Homeopathic Medicines: Psychophysical analyses of selected constitutional types, by Catherine R. Coulter. Volume 1**

- **The faces of homeopathy, an illustrated history of the first 200 years, by Julian Winston.** Great timeline of homeopathy in the USA.

- **Desktop guide to keynotes and confirmatory symptoms, Roger Morrison, MD** Guide to homeopathic remedies and the symptoms pictures associated with them.

**IF YOU WISH TO STUDY HOMEOPATHY THESE BOOKS OF DR. LUC WILL GIVE YOU THE BEST FOUNDATION POSSIBLE:**

- **Hahnemann Revisited: a textbook of Classical Homeopathy for the professional**
- **Achieving the Simillimum**
- **Advanced Guide for Professional Homeopaths**
- **The People's Repertory**

**You can find these books on Dr. Luc's website ([www.drluc.com](http://www.drluc.com))**

### **WEBSITES**

- **Dr. Andre Saine's webcast on the Epidemiological Data on Homeopathy can be seen in its entirety on at:**  
<http://mediasite.uchc.edu/Mediasite41/Viewer/?peid=407916ea-6301-4ede-b04f-c3650e4073a7> or try this link: <http://tinyurl.com/2yegt3>  
His presentation is about half way through the webcast.

- **Dr. Luc De Schepper Websites:** <http://www.drluc.com>

<http://www.lutravision.com/luc-de-schepper.htm>

Dr. Luc audio and video lectures- superb!

- Sheri Nakken, RN, Homeopath website: vaccination and choice network, [http://www.homeopathysnc.org/sheri\\_nakken.htm](http://www.homeopathysnc.org/sheri_nakken.htm)
- Homeopathic Nurses Association at <http://www.nursehomeopaths.org>
- [www.minimum.com](http://www.minimum.com): to obtain books
- [www.homeopathic.com](http://www.homeopathic.com): homeopathic educational services and research information
- [www.wholehealthnow.com](http://www.wholehealthnow.com): educational teleconferences; link below to one of them on vaccines:  
<http://www.wholehealthnow.com/teleconferences.html#birch>
- <http://www.homeopathysnc.org/> Great resource Special Needs Children
- [www.nationalcenterforhomeopathy.org](http://www.nationalcenterforhomeopathy.org) : Great magazine called
- HOMEOPATHY TODAY...

**HOMEOPATHIC PHARMACIES** Acton Pharmacy 978-264-4341 Acton, MA  
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